

A skin care device based on
quantum effect combined with
harmonization and correction
of natural electromagnetic
emission of natural biosystems

DeVita
Cosmo

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Introduction

Dear ladies and gentlemen!

You have a unique device of electromagnetic and quantum cosmetology DeVita-Cosmo in your hands. A fundamentally new approach to prevention of skin problems and wellness of personal appearance has been implemented in it.

With DeVita-Cosmo you can make preventive correction of various organs and at the same time carry out cosmetological procedures at home.

Facial Skin and General State of Health

When we say "facial skin", especially when it comes to women's skin, we imagine its beauty and elasticity, unique vibrancy, smooth and delicate color, and do not absolutely think about its constitution. In order to understand what our skin needs, what can support it and what can enlarge its tonus, it is necessary to know clearly the constitution of facial skin.

Many people know that it is possible to read in a person's face not only his fate, his character, but also his state of health. Any problems in organs are immediately reflected on a face in form of wrinkles, irritation, acne, etc.

With correct application of DeVita-Cosmo device programs everyone can prevent formation of these unwanted "guests" on skin.

For preventive purposes the device is recommended to use from age of 15-25 years at least once a week. After 25 years DeVita-Cosmo is desirable to use regularly. This will help your facial skin to stay longer in a good state, and you - in a good mood.

Rules for Use of a Quantum Cosmetology Device:

1. Set DeVita-Cosmo device to the desired program.
2. Switch on DeVita-Cosmo to execute the program.
3. Place the device in the area of the organ projection, if it is specified in the recommendations.
4. It is necessary to place the quantum add-on device at such a distance from the place of its action at which it is possible to feel heat or light pulses.
5. It is necessary to move the quantum add-on device smoothly, at a speed of 1-2 cm / second:
 - along the lines indicated on the figure - linear movement;
 - circular clockwise motions; if a small area is specified - circular movements;

- if several areas are specified, make 3-4 circular motions on one area, then move on to another one, etc. After all, go back to the first area. The cycle is repeated - area-based movements.

6. Frequencies of the program replace one another and you should tune in to the feelings. You cannot lose the feeling of heat from the quantum add-on device.

Attention! The device has a contraindication to use by women of the first trimester of pregnancy and people after organs' transplantation. It is also recommended not to use it during the first two months after myocardial infarction. In case of severe heart disease it is necessary to place the device not closer than 0,5 m from the body.

1. Skin without Wrinkles (No wrinkles)

The program helps to solve the problem of collagen columns weakening, which is the major cause of wrinkles formation. Then come to the next programs, which correct organs functioning and transform the face.

Face is a mirror of the body.

DeVita-Cosmo allows us to carry out cosmetological procedures for facial skin.

DeVita-Cosmo device gives us an opportunity to be creative, to become healthy, beautiful and to preserve youth for many years.

Procedure: (scheme 1)

The location of the device does not matter. It is recommended to move the quantum add-on device along the lines indicated on the figure and in the direction of the arrows. A linear movement of the add-on device is applied in this case. Eyes should be closed during the manipulation. Tune in to the feelings.

2. Facial Tonus (Facial Tonus)

For daily skin care it is needed to use moisturizing and tonic products with active action aimed at improvement of complexion, deep moisturizing and tonic effect.

The regular use of "Facial Tonus" program restores the natural processes of cell regeneration, in some cases strengthens them, prevents further skin aging and eliminates fine lines and soothes the deeper ones.

The program provides energy throughout the body, to all skin, as well as it causes skin cell renewal. It is the second most important program. It should be used for prophylactic purposes. It is recommended to use it in the morning. The energy obtained by skin will allow it to offset the negative influences of the environment, to preserve youth and beauty for a longer time. Skin will shine with health all day long

Procedure: (scheme 2)

The location of the device does not matter. It is recommended to move the quantum add-on device along one and the other ear conch from the top of the ear, moving gently downwards.

Make 4 cycles and come to the other ear. Again 4 cycles and come back to the first ear and so on till the end of the session. It is necessary to tune in to the feelings of heat.

3. Female Health (Female Health)

"Female Health" program is designed to regulate the female endocrine system and is useful for women at any age. Women's ovaries produce hormones that have influence on weight, formation of a female stature, normal functioning of the reproductive system. The program helps to keep a female body in excellent state.

Projection area:

The projection area of the hormonal system is the area on the face between the nose and the upper lip. The state of ovaries is reflected on skin of the chin.

Procedure: (scheme 3)

Place the device in the area of the solar plexus. Move the add-on device to the said areas and make circular motions from one side and from the other side in turn.

It is recommended to make sessions once per week.

Attention! It is not recommended to use this program during pregnancy.

4. Male Health (Male Health)

An endocrine profile of a man, especially middle-aged and older, makes influence mostly on all body functions. Both physical and psychic health of a man depends on his endocrine system.

The main effect of the program lies in the regulation of the male endocrine system: hypothalamus - pituitary - adrenal - reproductive glands. The function of testes and a prostate is also regulated.

The program is the basis for prevention of impotence.

Projection area

The area of the device application for prevention of male endocrine system is the chin.

Procedure: (scheme 4)

Place the device itself in the area of the solar plexus. Move the add-on device to the said areas and make circular motions from one side and from the other side in turn.

It is recommended to make sessions once per week.

5. Liver Functioning (Liver Function)

The liver is the real factory for cleansing of the body. In modern conditions, due to sedentary lifestyle, environmental pollution, consumption of unnatural food, medicine, the liver functions with enormous congestion. In order to feel good and look healthy, you need to support the functioning of your liver.

Projection area

The area is between the eyebrows, in the space between the base of the nose and the line connecting brow ridges on the skin of the forehead, as well as in the area of the jaw joint muscles.

Procedure: (scheme 5)

Place the device on the right side in the area of hypochondrium. The quantum add-on device influences on said areas in turn by circular motions. Eyes should be closed and it is necessary to tune in to the feelings of heat.

6. Live Quietly (Live Quietly)

The human body is much safer than it seems. There are such hidden powers and possibilities, about which many people do not even think up to a certain moment - before the body has been attacked by a high stress or a severe nervous shock. But even such "emergency resource" in the human body has its own limits. Continuous stress depletes its strength.

To help a nervous system to neutralize the harmful effects of stress, to normalize sleep, that means to support the energy boost of a body and mood, a positive attitude to life— that is the goal of "Live Quietly" program.

Procedure: (scheme 6)

Place yourself in a quiet room, sit comfortably and start manipulating on the said area by circular motions. Close your eyes. Manipulating on this area stimulates the whole nervous system. It relieves nervousness and gives a sense of peace and tranquility. This sense of happiness will be certainly reflected on your face.

7. Stomach Regulation (Stomach Regulat.)

Stomach is a real hard worker of the body. The digestive system and the further "delivery" of nutrients throughout the body depend on its proper functioning. This workload influences on endurance of this organ. Alcohol and smoking, stress and the environment, improper feeding eventually expose the stomach to danger of various diseases. The program allows us to maintain the tonus of the stomach and helps to fight for our health.

Projection area

The projection is located on skin of the cartilaginous part of the nasal bridge (middle area of the nose). On the left side of the nose, to skin and

mucosa of the upper lip and on skin outside of the corner of the mouth.

Procedure: (scheme 7)

Place the device in the projection area of the stomach. Move the quantum add-on device on these areas by circular motions. Close your eyes.

8. Digestion (Digestion)

Most people do not think about the functioning of their intestinal tract. Sluggish functioning of the intestinal tract is one of the reasons of unattractive and puffy skin. "Digestion" program is aimed to maintain the intestinal tract in operative condition, to prevent eating disorders.

Projection area

The projection areas are on skin outside of the corner of the mouth, in the middle of the forehead and under the base of the lower lip.

Procedure: (scheme 8)

Put the device on the stomach. Move the quantum add-on device on these areas by circular motions. Make 4 circular motions on one area, then move on to another one, etc. Then go back again to the first area and repeat the cycle till the end of the program. Close your eyes.

9. Like Clockwork (Like Clockwork)

Timely removal of toxins and other harmful substances from the body is foreseen by the nature itself. Constipation is a problem connected with insufficient and difficult defecation. Fecal retention for 48 hours is considered as a sign of constipation. Chronic constipation makes the skin pale or yellowish - it loses its elasticity, becomes flabby. "Like Clockwork" program will help you to control functioning of your intestinal tract, preventing from formation of unpleasant events.

Projection areas

Demonstrative areas of the intestinal tract state are on skin surface of the left upper side area of the forehead, left side surface of the forehead and in the top right corner of the frontal region of head on skin.

Procedure: (scheme 9)

Put the device on the stomach. Move the quantum add-on device on said areas by circular motions. Make 4 circular motions on one area, then move on to another one, etc. Then go back again to the first area and repeat the cycle till the end of the program.

10. Renal Stimulation (Renal Stimul.)

Kidneys are the second largest after the liver organ involved in removal of ballast and toxic substances. They regulate water and electrolyte metabolism, acid-base equilibrium, the sodium concentration in the body, volume and osmotic pressure of blood and body fluids, excrete excess water, urea, creatinine, uric acid salts. Violation in kidneys functioning is

instantly reflected on the face in form of edema. Therefore it is necessary to help this organ to organize its proper functioning.

Projection area

Kidneys have several areas of projection.

The left kidney is presented by left ear conch (skin and cartilaginous base) and skin of the left eye socket. The right kidney is projected on the right ear conch and the skin of the right eye socket.

Procedure: (scheme 10)

Place the device in the area of kidneys from the back. Move the quantum add-on device on said areas by circular motions. Make 4 circular motions on one area, then move on to another one, etc. Then go back again to the first area and repeat the cycle till the end of the program. Close your eyes.

11. Thyroid (Thyroid)

The thyroid gland is an important organ of the endocrine system, which regulates metabolism, thermal exchange, functioning of nervous and other systems. Thyroid diseases are almost the most wide-spread in the world and range with diseases of the cardiovascular system. "Thyroid" program is aimed to prevent such diseases and to normalize functioning of the whole body, as well as to eliminate skin dryness, brittleness of nails and hair.

Projection areas

The left lobe of the thyroid gland is projected onto the lower part of the neck along the esophagus, in posterior triangle of neck and the region of the suprasternal notch. The right lobe of the thyroid gland is projected onto the lower third of posterior triangle of the neck on the right side along the esophagus.

Procedure: (scheme 11)

The location of the device does not matter. Move the quantum add-on device on said areas by circular motions, then smoothly place it from one area to another and etc. Repeat the movements till the end of the program.

12. Heart and Blood Vessels (Heart & Blood)

The major task of the cardiovascular system is to supply organs and tissues with blood. Blood moves continuously through the vessels, and this gives it the ability to perform all vital functions. With the help of a preventive program "Heart and Blood Vessels" you will have an opportunity to keep the cardiovascular system in the proper tonus.

Projection areas

The projection is in the upper left part of the left cheek at the junction with the eye socket.

Procedure: (scheme 12)

Place the device in the projection area of the heart. Impact on the said area by circular motions. Close your eyes.

13. Spleen Functioning (Spleen Function.)

The state of the spleen can affect the state of the facial skin, the functioning of other organs and the "mood" of the whole body. Therefore it is very important regularly to carry out its preventive care.

Projection area

The projection of the spleen is on skin and on periosteum of the temporal bone of the facial left side.

Procedure: (scheme 13)

Place the device in the projection area of the spleen - the left side of the body, just above the last rib. Move the quantum add-on device on said areas by circular motions. Close your eyes.

14. Key of Life (Key of Life)

Pancreas is the key of life, as experts say. The duration of human life depends on the safety of this gland. The sooner we wear out this gland, the faster our body ages. This is pancreas that produces those hormones responsible for uptake of sugar. Prevention of pancreas diseases is one of the most pressing issues

Projection areas

Pancreas is presented by two areas. The first is on the bottom of the nasal bridge, at the boundary of junction with the tip of the nose. The second is located on the base of the neck on the left side, between the collar bone and the sternocleidomastoid muscle.

Procedure: (scheme 14)

Place the device in the area of the pancreas projection. The pancreas is located under the stomach, when you lay on your back. And when you get up, the pancreas will be behind the stomach, more precisely, between the stomach and the spine, and moved a little to the left, at the level of XI-XII lower thoracic and I-II lumbar vertebrae. Move the quantum add-on device on said areas by circular motions. Make 4 circular motions on one area, then move on to another one, etc. Then go back again to the first area and repeat the cycle till the end of the program. Close your eyes.

15. Bright Eyes (Bright Eyes)

Eyes are the mirror of the soul, as one classic used to say. They supply most of the information about the surrounding world to a person. Due to the rhythm and lifestyle of modern people, eyes are constantly under heavy pressure that causes formation of myopia and hyperopia. For successful prevention of eye diseases it is necessary to stabilize the

functioning of eye muscles. "Bright Eyes" program relieves spasms of small blood vessels in eye muscles, restores the normal functioning of the muscle which controls the eye-lens.

Projection areas

The projection areas are located in the area of temples.

Procedure: (scheme 15)

- come up to the window;
- find a small dot on the glass. If there is no dot, put a little dot on the glass (e.g., by marker, nail polish, etc.);
- place the quantum add-on device on one side of the head near the temple. The add-on device should not obstruct the line of sight. Impact on these areas by circular motions, tune in to the feeling of heat;
- during the device operation focus your attention on this dot in order to have it in acutance.

To do this select a comfortable distance at which your eye is not strained;

- look at the dot for 8-10 seconds. After this shift your gaze into the distance for 8-10 seconds;
- then repeat this procedure till the feeling of eye fatigue. After this stop the exercise, do not remove the add-on device from the eyes.

Allow the device to finish the program;

- gradually increase the time of your exercise up to the time of the device program.

After exercises let the muscles rest for 20-30 minutes. This is needed to ensure that the eyes have adapted to new conditions and muscles have gained elasticity.

16. Clear Skin (Clear Skin)

Beautiful smooth complexion and glowing skin without pimples and acne is the main goal of every girl. After all, to use minimum makeup and look good is not an easy task. "Clear Skin" program will help to remove expression of inflammation from a face.

Projection area:

Cheeks and a forehead on a face, stomach area rightward and leftward from the omphalus.

Procedure: (scheme 16)

Place the device in a distance of 25-30 cm from the face. Place the add-on device in said areas and make circular motions from one side and from the other in turn: first the forehead, then the cheeks, then the stomach. Repeat the cycle till the end of the program. For preventive purposes use the program every other day. If necessary you can use it every day by sessions: 3-4 days in succession at any time, then make a break for 3-4 days and repeat the session. In total 10 sessions. We recommend to use

such programs as 'Digestion', 'Man's health' or 'Female's health' after application of this program, to improve the effect.

17. Braid at its Best (The Best Braid)

In spring the human body has a stress: hair after winter looks imperfectly. Daily hair loss (normally up to 100) is physiologically conditioned. Hair loss above the norm gives the evidence of irregularities in the body functioning, in genetic program, of stresses, exposure of cold, dry climate indoors, micronutrient deficiency; it is also a result of use of certain medications. Your first assistant in prevention of hair loss is "Braid at its Best" program.

It is better to carry out preventive measures in autumn and spring in inter-season, when hair loss is enhanced.

Projection area:

Right and left halves of the hairy part of the head, stomach area rightward and leftward from the omphalus.

Procedure: (scheme 17)

Place the device in front of the face or in the area of occiputs. Place the quantum add-on device on said areas. Make 4 circular motions on one area, then move on to another one, etc. Repeat the cycle up to the end of the program. It is recommended to use 'Digestion' program after application of this program, to improve the effect.

18. Manicure Master (Manicure Master)

It is always prestigious to have beautiful and well-groomed hands. Make linear slow movements from finger-tips upwards (to the wrist joint) using the quantum nozzle. It is advisable to pay attention to nutrition, bad habits and adequate amount of sleep. Nail health reflects the health of the entire human body. Any nails, no matter how beautiful they could seem, need regular health improvement and cosmetic procedures. Along with different procedures the excellent result can be achieved by use of "Manicure Master" program.

Projection area:

The outer and inner sides of both hands, stomach area rightward and leftward from the omphalus.

Procedure: (scheme 18)

Place the device in a distance of 20 cm from the treated hand. With the quantum add-on device make linear slow movements from the base of the hand (wrist joint) to the tip of each finger. First, on the back side, then on the palm. Repeat the procedure with the other hand. Go to the stomach area. Repeat the cycle till the end of the program.

19. Face without Defects (Face w/o Defects)

Skin cells are constantly being regenerated. Very often skin cannot look beautiful and well-groomed due to old dead cells on the skin surface. Regular prophylactic use of the program will help to avoid such phenomena.

Projection area:

Cheeks and a forehead on a face, stomach area rightward and leftward from the omphalus.

Procedure: (scheme 19)

Place the device in a distance of 25-30 cm from the face. Place the add-on device in said areas and make circular motions from one side and from the other in turn: first the forehead, then the cheeks, then the stomach. Repeat the cycle till the end of the program. For preventive purposes use the program every other day. If necessary you can use it every day by sessions: 3-4 days in succession at any time, then make a break for 3-4 days and repeat the session. In total 10 sessions. It is recommended to use 'Digestion', 'Liver function' program after application of this program, to improve the effect.

20. Easy feet (Easy feet)

Beautiful legs are not a gift of the nature. They require constant attention and care. Healthy feet mean ease of walking, youth and confidence in own strength. How often in the hot season, when wearing tight shoes, especially on the heels you feel heaviness and tiredness in your feet. Both comprehensive care and Easy Feet Program normalize blood circulation on the legs, take off the weariness and edema.

Projection area:

Outer and inner side of both feet

Procedure: (scheme 20)

Place the device in a distance of 20 cm from the treated foot. Make linear slow movements from toe-tips upwards (to the ankle-joint) using the quantum nozzle. First, on the back side, then on the planta. Repeat the procedure with the other foot. Go to the stomach area. Repeat the cycle till the end of the program.



ttt 1



scheme 2



scheme 3



scheme 4



scheme 5



scheme 6



scheme 7



scheme 8



scheme 9



scheme 10



scheme 11



scheme 12



scheme 13



scheme 14



scheme 15



scheme 16



scheme 17



scheme 18



scheme 19



scheme 20

Conclusion

Do not forget that the correct way of life – cessation from bad habits, proper nutrition, which includes the full range of vitamins and minerals, and a daily 8-hour sleep – is the best way to preserve youth and fresh complexion of your skin. In youth, we sometimes neglect these simple truths, so in adulthood, we have to use special tools to give back youth and freshness to our facial skin. And now it is for you to choose: cola with chips or good skin. So, there are a lot of exercises as well as different means to improve the condition of our skin. There are no special secrets. You should watch your diet and daily routine, that is, to sleep well, not to abuse alcohol and cigarettes, to try to take life easier, without putting yourself in a state of a total stress.

And one more thing, ladies and gentlemen, smile more often. After all, by smiling you give not only a good mood to people around you, but also minimize the risk of premature wrinkles, because when you smile the facial muscles tense by 60% less than when you frown. Have a good mood!